



Vitamin SEA

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Our Idea

Our idea is to replace cleaning and sanitizing products that damage the environment by eco-friendly and natural ones. Moreover we have created a powerpoint and videos to promote the product, to build up awareness and help others to create their own eco friendly products at home.



Coconut lip scrub

Actual products in a daily lip scrub:

Petroleum jelly
Parabens
Chemical fragrances
Propylene glycol



Our lip scrub:

- 1 tablespoon coconut oil
- 1 tablespoon honey
- 2 teaspoons sugar



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Coconut deodorant

Actual ingredients in daily deodorant:

Parabens
Triclosan
Phthalates
Propylene Glycol
Aluminum



Our deodorant:

4 Tbsp. coconut oil, liquid
1 Tbsp. beeswax beads
¼ cup baking soda
¼ cup cornstarch

5-10 drops of essential oil (tea tree,
lavender, etc.)

Empty recycled deodorant stick (or metal
tin, glass jar or container of choice)



Multi-use lemon cleaner

Ingredients in normal multi-use cleaner:

- Sodium Citrate
- C12-16 Pareth. Plant based cleaning agent (surfactant) that breaks up stains and disperses dirt that otherwise would not dissolve in water.
- Vinegar. ...
- Sodium Acetate. ...
- Citric Acid. ...
- Essential Oil.



- Alkyl phenol ethoxylates (APEs)
- Glycol ethers
- DEA, MEA and TEA

Our multi-use cleaner

2 full lemon peels

150 ml of vinegar

225 ml of water

A spray bottle



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laundry detergent

Actual ingredients:

alcohol

linalool

phenoxyethanol...



Our natural laundry detergent:

1/2 cup liquid castile soap

1/2 cup baking soda

1/2 cup washing soda

1/4 cup coarse salt

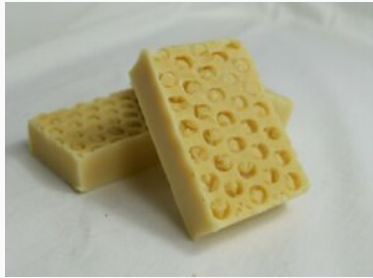
30 drops essential oil



Honey-Lemon Soap

Ingredients in a normal soap:

Fragrances
Parabens
Sodium Laureth Sulfate
Sodium Lauryl Sulfate
Methylisothiazolinone
Cocamidopropyl Betaine
Triclosan



Ingredients

- Zest of a ½ organic lemon
- 5-lb clear glycerin soap base
- ½ cup raw honey
- 5 – 10 drops lemon essential oil

